



*We bring physical therapy to you! In the comfort of your own home, you can receive physical therapy for:*

**Cancer related impairments:**

Cancer treatment can often leave you tired, weak, in pain, and with decreased ability to move and complete everyday tasks. We offer PT before, during, and even years after cancer treatment.

**Osteoporosis:**

Learn how to incorporate weight-bearing exercise, posture, balance exercise, and strengthening into your routine to decrease your risk of falling and optimize bone health.

**Lymphedema:**

Chronic swelling or lymphedema can be challenging, if you have swelling that you cannot get under control, or you have tried compression, and nothing works, we can help!

*Call us: 952-479-0212*

*Email: [emily@inspirelifept.com](mailto:emily@inspirelifept.com)*

*We offer a FREE video consultation so you can get to know us and see if our services are right for you! Call or email to schedule!*



